

# ORCA HOUSE, INC.

"The House with a Heart"



## ANNUAL REPORT FISCAL YEAR 2013

**GREGORY UHLAND, LISW-S  
EXECUTIVE DIRECTOR**

Published June 10, 2014

ORCA House provides hope, caring and recovery services to men, women and families suffering from alcohol and drug addiction in the Greater Cleveland neighborhoods



*Friends,*

*2013 was a pivotal year for ORCA House. We continue to navigate through challenging times, between ever changing funding sources to the advent of the national health care law, the one constant for ORCA has been change. Through all of the funding challenges, changes to the laws, and recent increase in heroin related abuse we strive to provide the caring treatment for our community the same way we have for over 60 years. We are proud to have admitted over 400 people this year providing hope to the hopeless. ORCA is also proud to have been invited as a participating agency in a community wide effort to combat North East Ohio's heroin epidemic.*

*The ORCA House Annual Meeting was held on October 3<sup>rd</sup> at Karamu Theatre. Over 60 attendees attended a brief meeting and then enjoyed the Karamu production of "My Home Town". The ORCA House Annual Picnic was held on June 28<sup>th</sup> with 200 people in attendance.*

*In the upcoming year, ORCA will focus on enriching our existing funding sources, seeking new funding sources, and developing strategic partnerships in an effort to strengthen the organization and ensure future success. ORCA through changes to the health care law hopes to take advantage of more opportunities for Medicaid related services. We expect 2014 will bring further funding challenges but we feel this year will also allow us to capitalize on great opportunities. We will keep you all up to date as to our progress.*

*Lastly, we want to take a moment to bring special attention to ORCA's tireless staff, without whom, none of our great work could be accomplished. We thank you for your work and look forward towards 2014 for more continued hard work and success!*

**Richard C. Wagner, JD**  
**Board Chair**

**Greg Uhland, LISW-S**  
**Executive Director**

**\*\*Cover page: The Cleveland Rock and Roll Hall of Fame, Cleveland Museum of Contemporary Art (MOCA), Crawford Auto-Aviation Museum, Cleveland's Natural History Museum, Cleveland's Art Museum**

## THE MISSION

ORCA House provides hope, caring and recovery services to men, women and families suffering from alcohol and drug addiction in the Greater Cleveland neighborhoods.

## THE VISION

*The ORCA House of the future will:*

- *Be a premier vehicle for helping clients reclaim their lives and become contributing members of society*
- *Be fiscally sound with diverse funding sources*
- *Provide addiction services grounded in research and determined to be best practices in the field*
- *Employ highly trained and professional staff*
- *Be an employer of choice*
- *Provide personalized care and be client centered, customer driven and make decisions based on data*
- *Partner with diverse organizations to enhance services, facilities and program opportunities*
- *Provide facilities for clients and staff that are comfortable and provide a therapeutic milieu*

*"The house with a heart"*



**ORCA HOUSE, INC.** is one of the oldest African-American founded adult substance abuse treatment centers in the country. Our Agency was founded in 1942 by a handful of dedicated recovering minorities who had a sincere desire to reach out to others in need of help and support to recover from the disease of alcoholism and drug addiction. Being located primarily in the Outhwaite neighborhood of Greater Cleveland, by

1950, this small committed group of caring individuals had incorporated as the Outhwaite Rehabilitation Center for Alcoholics, commonly known today and re-incorporated as ORCA House, Inc. 64 years later, ORCA House is an essential, non-profit adult rehabilitation center with three (3) facilities and a most commendable history of serving the indigent adult populations of Greater Cleveland and its neighboring communities. Moreover, ORCA House, Inc. prescribes to the philosophy that substance abuse is a progressive, treatable disease that negatively impacts the entire family unit. To this end, our Agency adopts a holistic, culturally relevant approach to service delivery that effectively addresses the needs and actively involves the whole family in the recovery process.

### Services

- **Non-Medical Community Residential Treatment:** The ORCA Inpatient Programs offer comprehensive residential treatment services for adults with 30 to 90 day treatment stays and extended inpatient stays for pregnant, addicted women. These programs provide services for a minimum of 30 hours per week. These services include therapeutic, gender specific, and trauma sensitive services, 12 step support groups, group and individual counseling, individual treatment planning, AOD education, therapeutic recreation, HIV/AIDS awareness, and case management services.
- **Outpatient and Intensive Outpatient Treatment:** The ORCA Outpatient Programs offer a full array of services that include: professional assessments, individual case management, crisis intervention and laboratory urine analysis. The ORCA Co-Ed Intensive Outpatient Program offers three (3) hours of intensive therapeutic treatment services each week from Tuesday through Friday for five (5) weeks. Individual counseling, treatment planning, and crisis intervention services are also provided. Upon completion of Residential and Intensive Outpatient treatment, many clients receive non-intensive outpatient services for three months. As a result, many consumers experience a continuum of care beginning with residential treatment and continuing through non-intensive outpatient services.
- **Family Preservation Program:** In accordance with our mission and treatment philosophy, family group sessions are provided one (1) evening each week and are required as an integral part of the customer's individual treatment planning process. To facilitate family participation, supervised child care services are provided along with individual family intervention sessions, co-dependency education, problem identification/referral and other services designed to assist the whole family unit in recovery.

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## STATEMENT OF FINANCIAL ACTIVITIES

	FOR THE YEAR ENDING JUNE 30, 2013	FOR THE YEAR ENDING JUNE 30, 2012
<b>Support and revenue:</b>		
Contributions and grants:		
Foundations	\$36,372	\$18,618
Individuals	4,608	2,771
Donated services	39,103	36,475
United Way Services	91,180	90,853
Other	17,896	14,020
Government grants	1,035,007	1,116,491
Total contributions and grants	1,224,166	1,279,228
Program Fees	30,571	9,904
Rental Income	22,740	19,945
Other Income	525	25,394
<b>Total support and revenue</b>	<b>1,278,002</b>	<b>1,334,471</b>
<b>Expenses:</b>		
Program services:		
Men's residential	510,132	521,427
Women's residential	377,700	415,070
Outpatient/other services	340,705	290,848
Crawford House	16,337	20,297
Total program services	1,244,874	1,247,642
General & administrative	153,224	171,576
Fundraising	19,804	44,129
<b>Total expenses</b>	<b>1,417,902</b>	<b>1,463,347</b>
Net change in assets	(139,900)	(128,766)
Net Assets at beginning of year	372,885	501,651
<b>Net assets at end of year</b>	<b>232,985</b>	<b>372,885</b>

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## CUSTOMERS SERVED

Intensive	1st	2nd	3rd	4th	
Outpatient	Qtr	Qtr	Qtr	Qtr	TOT
African American	18	11	11	16	56
Caucasian	11	10	2	9	32
Hispanics	0	0	0	0	0
Asians	0	0	0	0	0
Others	0	0	0	0	0
<b>Total Admissions</b>	<b>29</b>	<b>21</b>	<b>13</b>	<b>25</b>	<b>88</b>
Males	20	11	8	15	54
Females	9	10	5	10	34

% of Use Totals		
Drug	Number	%
Crack Cocaine	102	24%
Marijuana	112	26%
Cocaine	9	2%
Alcohol	146	34%
Heroin	27	6%
Opioid	22	5%
PCP	10	2%
Other	2	1%
<b>Total</b>	<b>430</b>	<b>100%</b>

Men's	1st	2nd	3rd	4th	
Residential	Qtr	Qtr	Qtr	Qtr	TOT
African American	27	19	18	22	86
Caucasian	16	14	24	19	73
Hispanics	0	1	1	1	3
Asians	0	0	2	0	2
Others	1	1	1	1	4
<b>Total Admissions</b>	<b>44</b>	<b>35</b>	<b>46</b>	<b>43</b>	<b>168</b>

Annual Service Productivity FY' 13			
	Budget	Produced	Percent
Assessments	855	393	45.96%
Individual counseling	1420	1141.0	80.35%
Group counseling	3000	2950	98.33%
Case management	0	0	0%
Urine Drug Screen	461	1330	288.50%
Intensive outpatient	1105	1067	96.56%
Community residential	6278	6216	99.01%
<b>Total service units</b>	<b>13119</b>	<b>11962</b>	<b>95.49%</b>

Women's	1st	2nd	3rd	4th	
Residential	Qtr	Qtr	Qtr	Qtr	TOT
African American	31	16	11	13	71
Caucasian	11	8	5	7	41
Hispanics	0	0	0	0	0
Asians	0	0	0	0	0
Others	0	0	0	0	0
<b>Total Admissions</b>	<b>42</b>	<b>24</b>	<b>16</b>	<b>20</b>	<b>112</b>

AFTERCARE	1st	2nd	3rd	4th	
	Qtr	Qtr	Qtr	Qtr	TOT
African American	7	8	9	7	31
Caucasian	2	6	4	2	14
Hispanics	0	0	0	0	0
Asians	0	0	0	0	0
Others	0	0	0	0	0
<b>Total Admissions</b>	<b>9</b>	<b>14</b>	<b>13</b>	<b>9</b>	<b>45</b>

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# ORCA HOUSE STAFF ROSTER

**GREG UHLAND**  
*EXECUTIVE DIRECTOR*

**LYNETTE CLAYTON**  
*FISCAL/HR DIRECTOR*

## MEN'S RESIDENTIAL PROGRAM

JOSEPH GASTON, PRIMARY COUNSELOR  
BERNIE REEVES, PRIMARY COUNSELOR  
WALTER MASSEY, WEEKEND COUNSELOR  
PATRICIA PEARCE, COUNSELOR (FED)  
SPENCER BINGHAM/RES. PROGRAMS  
MANAGER

KENNETH E. RANGE, MONITOR  
MELVIN WARE, LEAD MONITOR  
KEITH WHITE, MONITOR

FREDDIE BEAMON, MONITOR  
ROY HALL, MONITOR

ANDREW WILLIAMS, MONITOR  
CHRISTOPHER GRIFFIN, MONITOR  
RONETTA INGRAM, RESIDENTIAL SERVICES  
COOK  
RHONDA MITCHELL/CHILD SUPERVISION

## INTAKE/ASSESSMENT

ATOIYA WILLIAMS, INTAKE/ASSESSMENT  
COUNSELOR

GERALDINE SLAUGHTER, FILL-IN  
OP/INTAKE ASSESSMENT COUNSELOR  
CHARISE WRIGHT, FILL-IN OP/INTAKE  
COUNSELOR

LORETTA GERHARDT,  
INTAKE/ASSESSMENT COUNSELOR  
(PART-TIME: WSCC)

## ORCA HOUSE VOLUNTEER'S

SYLVIA JOHNSON-LEE, LISW-S, LICDC-CS,  
WOMEN'S PROGRAM VOLUNTEER,  
VOLUNTEER COORDINATOR

**JACQUELIN FIELDS**  
*CLINICAL DIRECTOR*

**MYRTLE ABDUL LATIF**  
*RESIDENTIAL PROGRAMS DIRECTOR*

## WOMEN'S RESIDENTIAL PROGRAM

CHARLESETTA HURT, COUNSELOR  
BERNICE COPELAND, PRN COUNSELOR  
TONIE RUSSELL, LEAD MONITOR  
SOPHIA YOUNG, MONITOR  
MARCELLA TAYLOR, MONITOR  
SADIE SCOTT, PRN MONITOR

## OUTPATIENT AND INTENSIVE

### OUTPATIENT PROGRAMS

WALTER MASSEY, AFTERCARE SPECIALIST  
DOROTHY LEWIS, IOP COUNSELOR

## ADMINISTRATION

ROCHELLE ELDER, ADMIN. ASSISTANT  
YOLANDA GOODEN, MIS COORDINATOR  
JOHNNIE MAE TATE, ADMIN./PRN MIS  
SUPPORT CLERK

TONI SMITH, FISCAL ASSISTANT  
ROSE CHAMP, ADMIN. RECEPTIONIST  
MARY WOOD, ADMIN. RECEPTIONIST  
THEODORE PARKER, BLDG. &  
GROUNDS/SAFETY MANAGER  
MARTINA STEELE, DROP-IN CENTER  
COORDINATOR

## NATIONAL CAUCUS ON BLACK AGED

ANDREW BELL, NCBA TRAINEE  
ZEBEDIAH SKAGGS, NCBA TRAINEE

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# ORCA HOUSE, INC. BOARD OF DIRECTORS

**FY 2013**

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## CLIENT'S VIGNETTE:

### ESCAPING THE DISEASE, TRANSITIONING TO RECOVERY

Susan came to ORCA House as a referral through a local probation department. She was mandated by the courts for a 60 day treatment program. She was over 50 years old and reported that she has used Alcohol for 35 years and Heroin for 30 years. She was diagnosed with Heroin and Alcohol dependency. Susan had served two year sentences in Ohio Reformatory for Women in Marysville, Ohio on two separate occasions. Susan had only been released for a few months before being charged with another drug possession case. She shared that she has been homeless for six months.



ORCA House Women's Residential Program

Susan has 4 adult children, three daughters and 1 son as well as another son who is a minor. She reported estrangement from all of her children. The oldest daughter has custody of the minor son. Susan lost permanent custody of 2 of her children when they were toddlers because they were born toxic with Heroin. She reported that she was unable to complete her case plan successfully, with Department of Children and Family Service due to her Alcohol and Heroin use. Susan had been in several, Intensive Outpatient Programs (IOP) and one Residential Program, and reported that she had never completed any of them successfully. She did express her desire to learn how to stop using Alcohol and Heroin and chance for a new lifestyle that would support her re-entry into society. She shared that she needed support during and after her being released from her probation with the criminal justice system.

Susan began her recovery learning about the medical concept of the disease of addiction. She was able to identify her progression of use and the negative changes in her behavior. She connected her alcohol and drug use to the loss of family relationships, self-worth, criminal behavior and loss of freedom. She began to identify her negative behaviors and developed techniques and methods to interrupt them. She was able to address her negative thinking and behaviors that preceded her use of alcohol and other drugs in the past. Susan developed a relapse prevention plan and identified some of her triggers, symptoms and high risk situations.

Susan completed several "Honesty" assignment and activities to address her denial system. She began to take risk with her peers and shared that she had disclosed painful secrets for the first time to her counselors and to the Domestic Violence counselor. She learned self-soothing techniques to use during recall of her trauma sensitive issues. Susan attended 12-step meetings, completed the First Step and obtained a temporary sponsor before leaving ORCA. She became willing to take suggestions and follow directions. She obtained phone contacts of sober women as she began building a sober support network. Her support system helped contact a family member that was able to give her an address for her oldest daughter. Initially hesitant to contact this daughter, with the support and encouragement from her peers, sober support system and her counselor, she was able to write a letter to the daughter.



Susan successfully completed 60 days of residential treatment, continued in ORCA House Intensive Outpatient Program (IOP) and then Non-Intensive Outpatient Program (NIOP). She went into a sober structured living environment and was later accepted into Tri-C Women in Transition Program. She is now attending college and working part-time. She continued her care with Cleveland Rape Crisis Center and the Domestic Violence Center. She complied with all legal mandates of the probation department and criminal justice case. Today Susan continues to be active in the 12-Step program. She reports that she is communicating with her oldest daughter and was able to see her two youngest children. Susan describes her life as a "miracle" of the 12-Step program.

Susan will tell anyone who ask that ORCA House was her first home in her new life and the staff will always be family. She reports that she understands the significance of "**The House with the Heart**"

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ORCA House wishes to thank the  
Following Organizations & Individuals for their support

### INDIVIDUALS

- Abdul Latif, Myrtle
- Allen, Lakeesha
- Arter, Roland
- Ash, Johnetta
- Beard, Anthony
- Bennett, Vanessa
- Bingham, Spencer
- Bradley, John
- Brissett, Errol and Heather
- Caimi, Paul and Deborah
- Campobenedetto, Ed and Judi
- Champ, Rose
- Chappell, Ina Jo
- Douglas, Charlotte
- Elder, Rochelle
- Fields, Jacquelin
- Fitzgerald, Yolanda
- Gall, Darlene
- Garrity, Robert J.
- Gaston, Joseph
- Gay, John
- Gerhardt, Loretta
- Goin, Michael
- Gooden, Yolanda
- Grace, Rebecca
- Hartford, Barbara
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- Hunt, Tyrone
- Ingram, Ronetta
- Jarrett, Gwen
- Joyner, Jim
- Keck, Dr. Greg
- Kenny, Lawrence
- Kmet, RN, BSN\* Karen M.
- Koenig, Steve
- Lampi, Sharon
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- Lewis, John
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- Marsh, Dr. Sybil
- Massey, Loretta H.
- Massey, Walter
- McKelton, Ed
- Monty- Rieker, Jennifer
- Muntz, Myrtle
- Myroniak, Joseph
- Newell, Bonnie
- Nicely, Mrs. Judy
- Oakley, Tanya
- Overbeke, Grace
- Pacino, Steve
- Parker ,Theodore
- Paulson, Richard
- Payton, Felicia
- Reeves, Bernie
- Roche, Deborah
- Rose, Desmond
- Sanders, Patricia
- Shaw, Floyd
- Smith, Roger and Mrs.
- Sorge, Crystal
- Spencer, Bettye Sturdivant
- Steele, Martina
- Tate, John
- Taylor, Peggy
- Toth, Julius
- Uhland, Greg and Eve
- Welcome-Butler, Patricia
- Williams, Doris Jean
- Wilson, Sheila
- Wolf, Jim
- Wood, Mary

### FOUNDATIONS

- Holman Family Foundation
- Mt. Sinai Health Care Foundation
- Reinberger Foundation
- Reuter Foundation
- The United Black Fund
- Wolf Family Foundation

### FUNDING STREAMS

- ADAMHSBCC
- Access to Recovery
- Bedford Municipal Court
- Cenpatico
- Cleveland Municipal Court
- Cuyahoga County Probation Department
- Elyria Municipal Court
- Euclid Municipal Court
- Lyndhurst Municipal Court
- ODMHAS
- United Way
- U.S. Pretrial/Probation
- West Side Catholic Center



"The house with a heart"

*ORCA House wishes to thank the  
Following Organizations & Individuals for their support*

### SUPPORTERS

- Aflac
- Alexander's Hardware
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- The Atma Center
- Annette Spetrino
- Beech Brook
- Ciuni & Panichi
- Cleveland Rape Crisis Center
- Cleveland Treatment Center
- Community Assessment and Treatment Services, Inc.
- Compass Computer Group
- Connections-Health –Wellness and Advocacy
- Dollar Bank
- Dominion East Ohio Gas
- Dr. Larry Baker
- Eastern Star Matron's Guild
- El Hasa Temple Guild#3
- ESI Electrical Contractors
- The Free Medical Clinic of Greater Cleveland
- The Huffman Group, LLC
- Imani Temple
- Key Bank
- Lyndhurst Municipal Court
- Mamie Mitchell, Cleveland City Council
- Margolius, Margolius and Associates
- The Metro Health System
- Mount Gillion Baptist Church Outreach Ministry
- Murtis Taylor Human Service Systems
- Pinkney Perry Insurance Agency, Inc
- PNC Bank
- Providence House, Inc.
- The Rape Crisis Center
- Recovery Resources
- Saint Aloysius Catholic Church
- Saint James AME Church
- Salvation Army/Harbor Light Complex
- Strategic Benefit Partners, LLC.
- Ulmer/Berne/LLP Attorneys
- The University Church of Christ
- Victory Leadership
- Western Reserve Historical Society
- Weltman, Weinberg and Reis
- Winnie's Nursery
- Zion Hill Church

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