

# ANNUAL REPORT FY' 2014



ORCA  
HOUSE,  
Inc.

"My  
Journey  
with  
Orca"



**GREGORY UHLAND, LISW-S  
EXECUTIVE DIRECTOR**

Published August 17, 2015



5.23.15



"The house with a heart"

*Friends,*

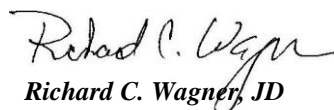
*2014 was a year of transformation and change. ORCA House and Connections Health and Wellness entered into a formal partnership through which both organizations will benefit and grow.*

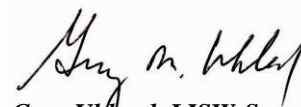
*Esther Pla has become the CEO of both ORCA House and Connections and the Governing Boards of both agencies have merged to form one Board. Greg Uhland remains as the Executive Director of ORCA House and the day to day activities have seen little change. The partnership maintains that ORCA and Connections remain as separate entities, but we will work together to broaden our services and efficiencies in an effort to diversify and minimize funding challenges.*

*ORCA expects the funding environment for addiction services will change and the partnership with Connections is a critical step in preparing for these changes. Managed care organizations will manage all Medicaid, including that which pays for behavioral health services. ORCA has established solid working relationships with many of these organizations which will be mutually beneficial as the changes in Medicaid funding proceed. ORCA views outcomes of services will be central to future funding. ORCA has measured treatment outcomes for many years and recently started a post discharge follow up program through which consumers will be contacted post discharge from ORCA programs, to assess their needs as well as to measure their level of functioning.*

*Heroin addiction continues to be a major focus of ORCA's treatment services. On any given day, 50% of the people in ORCA's residential treatment programs have an addiction to heroin or opiate pain medication. Greg Uhland has been a member of the US Attorney's committee on engaging the influx of heroin into Northeastern Ohio.*

*Finally, we want to take a moment to recognize ORCA's staff who have worked tirelessly to bring hope and quality treatment services to those in need. We thank you for your work and look forward to many years of success.*

  
**Richard C. Wagner, JD**  
**Board Chair**

  
**Greg Uhland, LISW-S**  
**Executive Director**

ORCA House provides hope, caring and recovery services to men, women and families suffering from Alcohol and Drug Addiction in the Greater Cleveland neighborhoods.

**ORCA HOUSE, INC.** is one of the oldest African-American founded adult substance abuse treatment centers in the country. Our Agency was founded in 1942 by a handful of dedicated recovering minorities who had a sincere desire to reach out to others in need of help and support to recover from the disease of alcoholism and drug addiction. Being located primarily in the Outhwaite neighborhood of Greater Cleveland, by 1950, this small committed group of caring individuals had incorporated as the Outhwaite Rehabilitation Center for Alcoholics, commonly known today and re-incorporated as ORCA House, Inc. 65 years later, ORCA House is an essential, non-profit adult rehabilitation center with three (3) facilities and a most commendable history of serving the indigent adult populations of Greater Cleveland and its neighboring communities. Moreover, ORCA House, Inc. prescribes to the philosophy that substance abuse is a progressive, treatable disease that negatively impacts the entire family unit. To this end, our Agency adopts a holistic, culturally relevant approach to service delivery that effectively addresses the needs and actively involves the whole family in the recovery process.



### Services

- **Non-Medical Community Residential Treatment:** The ORCA Inpatient Programs offer comprehensive residential treatment services for adults with 30 to 90 day treatment stays and extended inpatient stays for pregnant, addicted women. These programs provide services for a minimum of 30 hours per week. These services include therapeutic, gender specific, and trauma sensitive services, 12 step support groups, group and individual counseling, individual treatment planning, AOD education, therapeutic recreation, HIV/AIDS awareness, and case management services.
- **Outpatient and Intensive Outpatient Treatment:** The ORCA Outpatient Programs offer a full array of services that include: professional assessments, individual case management, crisis intervention and laboratory urine analysis. The ORCA Co-Ed Intensive Outpatient Program offers three (3) hours of intensive therapeutic treatment services each week from Tuesday through Friday for five (5) weeks. Individual counseling, treatment planning, and crisis intervention services are also provided. Upon completion of Residential and Intensive Outpatient treatment, many clients receive non-intensive outpatient services for three months. As a result, many consumers experience a continuum of care beginning with residential treatment and continuing through non-intensive outpatient services.
- **Family Preservation Program:** In accordance with our mission and treatment philosophy, family group sessions are provided one (1) evening each week and are required as an integral part of the customer's individual treatment planning process. To facilitate family participation, supervised child care services are provided along with individual family intervention sessions, co-dependency education, problem identification/referral and other services designed to assist the whole family unit in recovery.

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## THE MISSION

ORCA House provides hope, caring and recovery services to men, women and families suffering from alcohol and drug addiction in the Greater Cleveland neighborhoods.

## THE VISION

*The ORCA House of the future will:*

- *Be a premier vehicle for helping clients reclaim their lives and become contributing members of society*
- *Be fiscally sound with diverse funding sources*
- *Provide addiction services grounded in research and determined to be best practices in the field*
- *Employ highly trained and professional staff*
- *Be an employer of choice*
- *Provide personalized care and be client centered, customer driven and make decisions based on data*
- *Partner with diverse organizations to enhance services, facilities and program opportunities*
- *Provide facilities for clients and staff that are comfortable and provide a therapeutic milieu*

*"The house with a heart"*

**\*\* The artwork on the cover page is from a client who resided in one of our Residential Programs, it represents the client's recovery journey from home and ending at ORCA House, "The House with a Heart"!**

## CUSTOMERS SERVED

| Intensive               | 1st       | 2nd       | 3rd       | 4th       |            |
|-------------------------|-----------|-----------|-----------|-----------|------------|
| Outpatient              | Qtr       | Qtr       | Qtr       | Qtr       | <b>TOT</b> |
| African American        | 20        | 19        | 15        | 18        | <b>72</b>  |
| Caucasian               | 5         | 5         | 4         | 7         | <b>21</b>  |
| Hispanics               | 0         | 1         | 1         | 0         | <b>2</b>   |
| Asians                  | 0         | 0         | 0         | 0         | <b>0</b>   |
| Others                  | 0         | 0         | 0         | 1         | <b>1</b>   |
| <b>Total Admissions</b> | <b>25</b> | <b>25</b> | <b>20</b> | <b>26</b> | <b>96</b>  |
| Males                   | 9         | 13        | 13        | 16        | <b>51</b>  |
| Females                 | 18        | 10        | 7         | 10        | <b>45</b>  |

| Men's                   | 1st       | 2nd       | 3rd       | 4th       |            |
|-------------------------|-----------|-----------|-----------|-----------|------------|
| Residential             | Qtr       | Qtr       | Qtr       | Qtr       | <b>TOT</b> |
| African American        | 18        | 23        | 21        | 26        | <b>88</b>  |
| Caucasian               | 30        | 16        | 26        | 20        | <b>92</b>  |
| Hispanics               | 1         | 4         | 2         | 3         | <b>10</b>  |
| Asians                  | 0         | 0         | 0         | 0         | <b>0</b>   |
| Others                  | 1         | 0         | 0         | 0         | <b>1</b>   |
| <b>Total Admissions</b> | <b>50</b> | <b>43</b> | <b>49</b> | <b>49</b> | <b>191</b> |

| Women's                 | 1st       | 2nd       | 3rd       | 4th       |            |
|-------------------------|-----------|-----------|-----------|-----------|------------|
| Residential             | Qtr       | Qtr       | Qtr       | Qtr       | <b>TOT</b> |
| African American        | 16        | 15        | 10        | 21        | <b>62</b>  |
| Caucasian               | 19        | 9         | 20        | 7         | <b>55</b>  |
| Hispanics               | 0         | 0         | 1         | 0         | <b>1</b>   |
| Asians                  | 0         | 0         | 0         | 2         | <b>2</b>   |
| Others                  | 0         | 0         | 0         | 0         | <b>0</b>   |
| <b>Total Admissions</b> | <b>35</b> | <b>24</b> | <b>31</b> | <b>30</b> | <b>120</b> |



| Annual Service Productivity FY' 14 |                 |
|------------------------------------|-----------------|
|                                    | <b>Produced</b> |
| Assessments                        | 336             |
| Individual counseling              | 1021.0          |
| Group counseling                   | 2202            |
| Urine Drug Screen                  | 389             |
| Intensive outpatient               | 826             |
| Community residential              | 5529            |
| <b>Total service units</b>         | <b>10303</b>    |

| % of Use Totals |            |             |
|-----------------|------------|-------------|
| Drug            | Number     | %           |
| Crack Cocaine   | 96         | 19%         |
| Marijuana       | 85         | 17%         |
| Cocaine         | 50         | 10%         |
| Alcohol         | 161        | 32%         |
| Heroin          | 52         | 10%         |
| Opioid          | 42         | 8%          |
| PCP             | 4          | 1%          |
| Other           | 13         | 3%          |
| <b>Total</b>    | <b>503</b> | <b>100%</b> |

| AFTERCARE               | 1st       | 2nd      | 3rd      | 4th      |            |
|-------------------------|-----------|----------|----------|----------|------------|
|                         | Qtr       | Qtr      | Qtr      | Qtr      | <b>TOT</b> |
| African American        | 10        | 4        | 4        | 5        | <b>23</b>  |
| Caucasian               | 2         | 2        | 4        | 2        | <b>10</b>  |
| Hispanics               | 0         | 0        | 1        | 2        | <b>3</b>   |
| Asians                  | 0         | 0        | 0        | 0        | <b>0</b>   |
| Others                  | 0         | 0        | 0        | 0        | <b>0</b>   |
| <b>Total Admissions</b> | <b>12</b> | <b>6</b> | <b>9</b> | <b>9</b> | <b>36</b>  |

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## STATEMENT OF FINANCIAL ACTIVITIES

"The house with a heart"

|                                  | FOR THE YEAR<br>ENDING JUNE 30,<br>2013 | FOR THE YEAR<br>ENDING JUNE 30,<br>2014 |
|----------------------------------|---|---|
| <b>Support and revenue:</b>      |   |   |
| Contributions and grants:        |   |   |
| Foundations                      | \$36,372                                | \$18,188                                |
| Individuals                      | \$4,608                                 | \$2,462                                 |
| Donated services                 | \$39,103                                | \$37,018                                |
| United Way Services              | \$91,180                                | \$83,403                                |
| Other                            | \$17,896                                | \$17,164                                |
| Government grants                | \$1,035,007                             | \$1,091,830                             |
| Total contributions and grants   | \$1,224,166                             | \$1,250,065                             |
| Program Fees                     | \$30,571                                | \$33,502                                |
| Rental Income                    | \$22,740                                | \$31,296                                |
| Other Income                     | \$525                                   | \$100                                   |
| <b>Total support and revenue</b> | <b>\$1,278,002</b>                      | <b>\$1,314,963</b>                      |
| <b>Expenses:</b>                 |   |   |
| Program services:                |   |   |
| Men's residential                | \$510,132                               | \$528,209                               |
| Women's residential              | \$377,700                               | \$448,961                               |
| Outpatient/other services        | \$340,705                               | \$256,840                               |
| Crawford House                   | \$16,337                                | \$16,106                                |
| Total program services           | \$1,244,874                             | \$1,250,116                             |
| General & administrative         | \$153,224                               | \$144,172                               |
|                                  | \$19,804                                | \$2,562                                 |
| Fundraising                      |   |   |
| <b>Total expenses</b>            | <b>\$1,417,902</b>                      | <b>\$1,396,850</b>                      |
| Net change in assets             | (\$139,900)                             | (\$81,887)                              |
| Net Assets at beginning of year  | \$264,652                               | \$232,985                               |
| <b>Net assets at end of year</b> | <b>\$124,752</b>                        | <b>\$151,098</b>                        |

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## ORCA HOUSE STAFF ROSTER

### Management Staff

Greg Uhland, LISW-S, *Executive Director*  
Lynette Clayton, PHR, *Fiscal Director*  
Jacquelin Fields, LSW, LICDC-CS, *Clinical Director*  
Myrtle Watson, LICDC-CS,  
*Residential Programs Director*

### MEN'S Residential Program

Joseph Gaston, *Primary Counselor*  
Bernie Reeves, *Primary Counselor*  
Walter Massey, *Weekend Counselor*  
Spencer Bingham, *Residential Programs Mgr.*  
Andrew Bell, *P/T Receptionist*  
Melvin Ware, *Lead Monitor*  
Kenneth Range, *Monitor*  
Keith White, *Monitor*  
Roy Hall, *Monitor*  
Christopher Griffin, *Monitor/PRN Counselor*  
Andrew Williams, *Monitor*  
Ronetta Ingram, *Cook*

### WOMEN'S Residential Program

Charlesetta Hurt, *Primary Counselor*  
Felicia Lee-Goodson, *Primary Counselor*  
Bernice Copeland, *PRN Counselor*  
Sophia Young, *Lead Monitor*  
Kosandra Miller, *Monitor*  
Lizzette Jordan, *Monitor*  
Sadie Scott, *Monitor*  
Marcella Taylor, *Monitor*

### INTAKE/ASSESSMENT

Atoiya Williams, *Intake/Assessment Counselor*  
Geraldine Slaughter, *PRN Outpatient/Intake Counselor*  
Anna Lillie, *PRN Outpatient/Intake Counselor*  
Loretta Gerhardt, *Intake/Assessment Counselor (P/T: West Side Catholic Center)*

### Administration

Rochelle Elder, *Executive Secretary*  
Yolanda Gooden, *MIS Coordinator*  
Johnnie Mae Tate, *MIS Clerical Support*  
Toni Smith, *Fiscal Assistant*  
Rose Champ, *P/T Receptionist*  
Mary Wood, *P/T Receptionist*  
Theodore Parker, *Building & Grounds, Safety Manager*

### ORCA House Volunteer's

Sylvia Johnson-Lee, *Program Volunteer, Volunteer Coordinator*

### National Caucus on Black Aged

Michael Coates, *NCBA Trainee*

### Outpatient/Intensive Outpatient Program

Dorothy Lewis, *IOP Counselor*  
Walter Massey, *NIOP Counselor*  
Patricia Pearce, *Federal OP Program Counselor*  
Christine Ferguson, *Federal OP Program Counselor (P/T)*

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"The house with a heart"

# ORCA HOUSE, INC. BOARD OF DIRECTORS

**FY 2014**

## **OFFICERS**

Richard C. Wagner, JD  
CHAIRMAN

Heather Brissett, LSW, MSW, MNAL  
SECRETARY

Lawrence P. Kenny  
VICE CHAIRMAN



Tyrone Hunt  
TREASURER

## **MEMBERS**

Roland K. Arter, MBA, MSME, PE

Richard DeFranco, MD

Bob Garrity, JD, LISW, LICDC-CS

Sybil Marsh, MD, MA

Bonnie Newell

John O. Tate

Floyd Shaw, Director Emeritus

Grant Carter, Director Emeritus

Thomas J. Risk, Director Emeritus



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## CLIENT'S VIGNETTE:

### THE WILLINGNESS TO LEARN, ACCEPT AND CHANGE PROMOTES SUCCESS IN RECOVERY

Dorothy came to ORCA House as a self referral. She was 28 years old and stated she had been using Alcohol and other drugs for over 14 years. She was diagnosed with Cocaine and Alcohol dependency. She reported being homeless for over 18 months. After three days in treatment she shared that she had an open case with the Department of Children services and that she had a four year old son who was presently in foster care. She reported that she had not visited with him in 11 months. Dorothy reported that she had not been in contact with her family for over three years and that she was not sure they would respond if she did contact them.



ORCA House Women's  
Residential Program

Dorothy had been in residential treatment twice and reported that she had stayed one week and then left the facility the first time and three days the second time. She expressed her desire to stop using alcohol and other drugs and her wish for a chance to be a mother to her four year old son. Dorothy began her journey learning about the Disease Concept and the progressive nature of the disease. She began to identify her consequences and became able to connect them to her continued use of Alcohol and other drugs. She started to identify her negative behaviors and learned tools, techniques and methods to interrupt those behaviors and the negative thinking that preceded her use of AOD.

Dorothy became willing to take suggestions and follow directions. She began building a sober support system in the 12-step program and obtained a sponsor. Dorothy initially was hesitant to contact her case worker about her son or to contact a family member. Encouraged by her counselor, she was able to meet with her (DCFS) caseworker at ORCA House and received her case plan. She began developing a new relationship with the Department of Children and Family Services. Having already begun complying with the mandate for Alcohol and Drug treatment, she was motivated to continue in compliance.

After successfully completing 60 days of residential treatment Dorothy was accepted in a sober structured living environment. She continued on completing ORCA House Intensive Outpatient Program and then Non-Intensive Outpatient Program (NIOP). She continued working with the Dress for Success job readiness program that she was introduced to her while in ORCA Residential Program. During NIOP she was able to gain employment and resume her visits with her son. She complied with all mandates of the Department of Children and Family Services. She contacted her older sister and began to rebuild that relationship. Dorothy credited her successes to her Higher Power and the 12-step program that she was introduced to at the ORCA House.



Today, Dorothy has regained custody of her son who is now eight years old. She will proudly tell you that she is an ORCA woman and that means she has a family that will always care about her. She will readily exclaim that ORCA is “**The House with a Heart,**” that saved her life.

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ORCA House wishes to thank the  
Following Organizations & Individuals for their support

### INDIVIDUALS

- Abdul Latif, Myrtle
- Abrams, Rhonda
- Allen, Lakeesha
- Anekew, Paula
- Arter, Roland
- Ash, Johnetta
- Beard, Anthony
- Bennett, Vanessa
- Bingham, Spencer
- Bradley, John
- Brissett, Errol and Heather
- Brown, Linda
- Caimi, Paul and Deborah
- Campobenedetto, Ed and Judi
- Champ, Rose
- Chappell, Ina Jo
- Coleman, Delores
- Dalton, Margaret
- Dawdy Sr. , Michael
- DeFranco, Richard
- DiCastro, Catherine
- Douglas, Charlotte
- Eckelman, Kathryn
- Elder, Rochelle
- English, Paula
- Ferguson, Christine
- Fields, Jacquelin
- Fitzgerald, Yolanda
- Fryer MD, Kevin
- Gall, Darlene
- Garrity, Robert J.
- Gaston, Joseph
- Gay, John
- Gerhardt, Loretta
- Goin, Michael
- Gooden, Yolanda
- Grace, Rebecca
- Grant, Alfreda
- Hartford, Barbara
- Hill, Candy
- Holman, Mr. and Mrs. Ronald
- Hunt, Tyrone
- Ingram, Ronetta
- Jarrett, Gwen
- Johnson, Linda
- Joyner, Jim
- Kazmar, Bethany
- Keck, Dr. Greg
- Kenny, Lawrence
- Kmet, RN, BSN\* Karen M.
- Koenig, Steve
- Lampi, Sharon
- Lewis, Dorothy
- Lewis, John
- Love, Olivia
- Marsh, Dr. Sybil
- Marshall, Scott and Shawna
- Massey, Loretta H.
- Massey, Walter
- McKelton, Ed
- McMullen, Irene
- Monty- Rieker, Jennifer
- Muntz, Myrtle
- Myroniak, Joseph
- Newell, Bonnie
- Nicastro, Catherine
- Nicely, Mrs. Judy
- Oakley, Tanya
- O'Rourke, Seamus
- Overbeke, Grace
- Pacino, Steve
- Parker ,Theodore
- Paulson, Richard
- Payton, Felicia
- Pla, Esther and Gus
- Pointer, Yvonne
- Range, Kenneth
- Reeves, Bernie
- Reimer, Jodi
- Rhodes, Darlene
- Roche, Deborah
- Rose, Desmond
- Sanders, Patricia
- Schroth, Richard
- Shaw, Floyd
- Smith, Elzoria
- Smith, Mr. and Mrs. Roger
- Smith, Toni
- Sorge, Crystal
- Spencer, Bettye Sturdivant
- Spetrino, Annette
- Steele, Martina
- Tate, John
- Taylor, Peggy
- Toth, Julius
- Trenkamp, Margaret
- Umland, Greg and Eve
- Verner, Robert
- Welcome-Butler, Patricia
- Wagner, Richard
- Williams, Audrey
- Williams, Doris Jean
- Wilson, Sheila
- Wolf, Jim
- Wood, Mary

### FOUNDATIONS

- Ernestine J. Holman Fund
- Holman Family Foundation
- Maine Community Foundation
- Reinberger Foundation
- Reuter Foundation
- The United Black Fund
- Wolf Family Foundation

## FUNDING STREAMS

- ADAMHSBCC
- Bedford Municipal Court
- Berea Municipal Court
- Cenpatico
- Cleveland Municipal Court
- Cuyahoga County Probation Department
- Elyria Municipal Court
- Euclid Municipal Court
- Lorain ADASB
- Lyndhurst Municipal Court
- ODMHAS
- United Way
- U.S. Pretrial/Probation
- West Side Catholic Center

## SUPPORTERS

- Adoniram Court #6
- Aflac
- Alexander's Hardware
- Allnet Communication, Inc.
- The Atma Center
- Ciuni & Panichi
- Cleveland Rape Crisis Center
- Cleveland Treatment Center
- Community Assessment and Treatment Services, Inc.
- Compass Computer Group
- Connections-Health –Wellness and Advocacy
- Eastern Star Matron's Guild
- El Hasa Temple Guild#3
- ESI Electrical Contractors
- The Free Medical Clinic of Greater Cleveland
- The Honor Project
- Imani Temple
- Lyndhurst Municipal Court
- Mamie Mitchell, Cleveland City Council
- Matrons Guild
- The Metro Health System
- Mount Gillion Baptist Church Outreach Ministry
- Murtis Taylor Human Service Systems
- My Sister's Keeper Women's Ministry
- Pinkney Perry Insurance Agency, Inc
- PNC Bank
- Providence House, Inc.
- The Rape Crisis Center
- Recovery Resources
- Saint Aloysius Catholic Church
- Saint James AME Church
- Salvation Army/Harbor Light Complex
- Strategic Benefit Partners, LLC.
- Ulmer/Berne/LLP Attorneys
- The University Church of Christ
- Victory Leadership
- Western Reserve Historical Society
- Weltman, Weinberg and Reis
- Winnie's Nursery
- Zion Hill Church

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